

# Bellarine Springs Newsletter February 2025



Bellarine Cycling Group

## A message from our Village Manager

### KENT HODGSON

2025 has kicked off at full speed—where did January disappear to?

It's wonderful to see the facilities in action, with a fantastic turnout for the Australia Day celebrations.

I want to express my gratitude to the BSRA for hosting such an amazing event and for all their hard work in organizing these incredible activities for the residents of Bellarine Springs.

### Village Gardens - Robert Burza

A big thank you to everyone in the village, including residents and the management team, for making 2024 such a wonderful year. We are excitedly looking forward to 2025! There will be some changes to the garden beds around the village, and more details will be shared soon.

The gardening team is set to resume mulching, starting at Stage 3. Please note that we have a limited supply of mulch available in the village, specifically the large pile near the caravan park.

Our gardening team will continue their rounds throughout the village. As we progress, we will be making adjustments in these areas to ensure the best outcomes for the village.

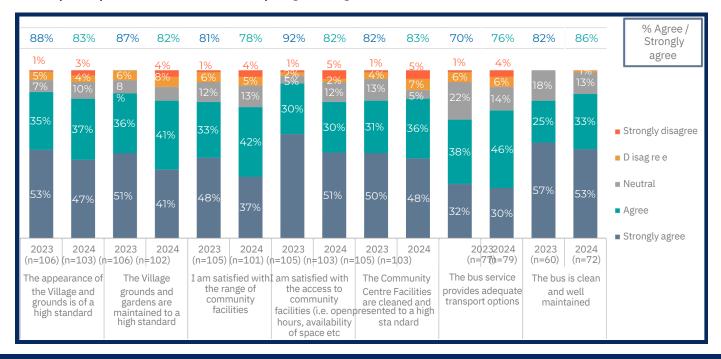
### **Emergency Pendants**

Testing Emergency Pendants - Stages 1, 2, and 3

We are delighted to report that all Emergency pendants are functioning well. However, it's time to resume our routine testing of these devices. Each month, please watch for updates in the monthly newsletter and Buzz. When it's your turn, remember to test the emergency button on your pendant between 9am and 1pm Monday to Friday. If you're unsure of your home's stage, feel free to ask the reception staff. As our village expands and street sizes increase, testing by stages has become the most efficient way to ensure all emergency pendants are operational.

### Resident Survey Focus Group 2024

Resident's perceptions of the Bellarine Springs Village





### A message from our Sales Manager-Fiona Olin

### Fostering Relationships and the Benefits of Companionship at Bellarine Springs Village

I love seeing the diverse group of activities, special interest groups, charity events, and sporting events being held at the village. Our wonderful residents gravitate towards activities and social groups to enhance their emotional resilience, mental agility, our quality of life, and to provide a sense of connection, purpose, and joy.

It is particularly satisfying when I see residents encourage their friends and family to join them at the magnificent village and enjoy the same gratification.

I would like to say a big thank you to the residents who have referred their friends or family to join Bellarine Springs. We have seen a few residents receive their incentive this month.

Thank you again for your support and for enjoying your community.

If you would like to extend a referral to any of your friends or family, please come and see me anytime. Additionally, we have an upcoming Information Day on Friday, 28th February, from 2pm to 4pm.

Five local professionals will be in attendance and will cover all necessary components of retirement and downsizing, which include a lawyer, financial expert, real estate director, downsizing professional, and in-home care professional.

Please feel free to invite a friend to come along; I'm happy to send through relevant invitations too. Enjoy the month ahead.













Fiona Olin Sales Manager 0455 112 360

### BSRA presidents report

### February 2025

The new year has started off well however some of our residents have been experiencing ill health and sad times. To you, we extend our thoughts and prayers and hope you will reach out should there be any assistance you require. It was heartwarming to see such a large turnout of residents getting into the spirit to celebrate Australia Day. With the Flag ceremony, National Anthem and poem read by one of our residents. Some fun games were played prior to a BBQ, lamingtons and Bingo. Many thanks to those who helped plan, run and participated in the event.

We welcome the numerous new residents who have chosen our lovely village to call home.

Your committee is busy planning events and activities to take us through another exciting year. The regular social happenings have recommenced. These can always be found listed in the Monthly Newsletter and Buzz.

The committee is all about directional change for the good of all residents, your ideas and opinions matter to us. Please don't hesitate to contact the committee should you have anything you wish to discuss or ideas for activities you would like to implement.

Just a few grumps from the President's seat - please remain vigil when using the roads within our village. These are shared roads where drivers are to observe the 20km speed limt. Walkers please be aware of vehicles behind or approaching. We have chosen to live within this community therefore a requirement of being part of a community is to respect each other, our differences and beliefs.

Sue Kuter President BSRA Committee



### **Community Vegetable Garden Update**

"Summertime weather has seen the garden team starting earlier to get ahead of the heat and to harvest vegetables at their freshest.

Please visit veggie table in our library every Monday and Friday morning to check out what is on offer.

Currently we have lettuce, beans, silverbeet, chilli, beetroot, zucchini and radishes. Growing well with lots of flowers and fruit forming are tomatoes, eggplant, cucumber and pumpkins.

We have some amazing sunflowers

(thanks to Kate Walker for the seeds) these flowers are attracting bees who are busy collecting nectar and helping pollinate our plants.

Gardening has many benefits including lowering stress, helps hand dexterity, helps boost our immune system and improves our sense of wellbeing by nurturing plants and watching them grow.

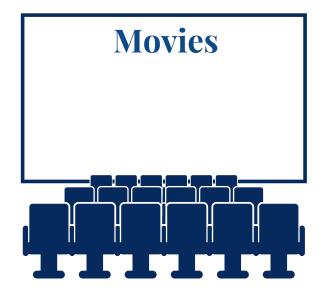
Big thank you to all the Village garden team and special helpers for their efforts in 2024. Greg Chalmers, Helen Rowley, Sandra Adams, Barbara & Alan Joiner, Brenda & John Bickerton and Steve Merriman.

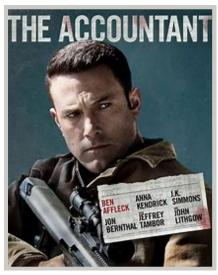
We now look forward to 2025 with new plantings and invite residents to visit the community garden and maybe come join the team.











As is my want I have movies things around a bit, so I apologise for any changes to those mentioned. However, what I'm going to try to do is make each and every movie a good watch for you. Many may be from the seventies and eighties, though not all, but I hope that they will make you go away having enjoyed yourselves.

Having said that, the first offering for February is The Quiet Man which comes out of 1952 starring John Wayne and Maureen O'Hara and NO it's not a western. Directed by John Ford this story is set in Ireland where Sean Thornton returns from America to return to his old home. In doing so he falls for the sister of the local bully which results in friction.

Trust me when I say the film is well written, beautifully filmed in colour and is great fun. It's full of characters I'm sure you'll recognise and despite its age it could have been set at a later time.

Thursday 6th @ 2.30pm

Personally, I love The Accountant which is from 2016 starring Ben Affleck and two of my favourites, Anna Kendrick and J.K. Simmons. Christian Wolff is an accountant with autism but who "cooks" the books for some very bad people. In doing so during one case he encounters a girl (Anna Kendrick) with whom he gets fond. Meanwhile, The Accountant is being studied by the Director from the IRS who chooses another woman who, as a criminal, lied about her employment, to follow the tracking..

This is an out and out good thriller with plenty of twists and turns. Thursday 20th @ 7.00pm

Happy Viewing, David





#### **Bucket List Travel and Cruise Club**

#### Friday 7th Feb 12:30pm - 1:30pm

In the pavilion at Bellarine Springs Retirement Village Join us for an exclusive travel presentation on guided holidays including:

### TRAFALGAR

INSIGHT VACATIONS

costsaver.

Join us for an exclusive travel presentation on guided holidays including: Trafalgar Tours, Insight Vacations, Costsaver Tours and Luxury Gold

- 🌞 Get Inspired: With amazing itineraries across the world!
- Exclusive Insights: Hear directly from a guided holidays travel expert about the difference between these tours and styles of travel
- \* Q&A Session: Have your questions answered by a knowledgeable expert and get personalised travel advice to help you tick off your next bucket list!
- Special Offers: Enjoy exclusive deals and promotions for Bellarine Springs residents
- ☀Sandwiches supplied: Join us for a light lunch and a cuppa!

Please RSVP by Monday 3 February.



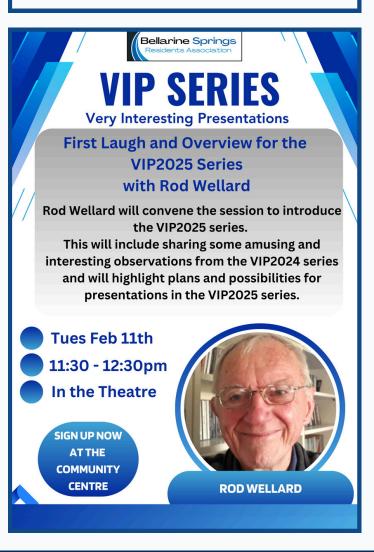
#### Our next Village Outing is to the Federal Mills Precinct

The Federal Mills community offers more than office space; there's not a suspended ceiling in sight! We celebrate the historical architecture of our mill, innovative ahead of its time. Following this tradition of innovation, Federal Mills has a unique campus feel with landscaped gardens, cafe culture, gym, free parking with 37 tenants on site.

There are optimal transport options in close proximity: rail, cycle paths, bus, close to domestic airport terminal, and only 50 minutes drive to Melbourne. Our precinct encourages people and businesses to connect and collaborate. Innovation is not a new concept for Federal Mills. It's just been reimagined, turning a derelict wasteland into a valuable business and community hub.

PINNACLE LIVING





| Monday   | Tuesday  | Wednesday  | Thursday   |
|--|--|--|--|
| 8:45 am: Cycling Group 11.30am Line Dancing at CC 1:00 pm: Mahjong at CC 1:00pm: Aqua 1:30 pm: Rumikub at CC 2:00 pm: Scrabble at CC 3pm: Book Club in the boardroom | 9am: Walking group 1pm: Craft at pavilion 2pm: Golf croquet 2pm: Indoor bowls at CC 3pm: Chicks Cue Sticks 5pm: Sundowners   | 9am: Social Tennis 9.15 am: Bus to Drysdale 1pm: Mahjong at CC 1.30 pm: Rummikub at CC 2pm: Physiotherapy at Pool 2pm: Outdoor bowls   | 11:00am: Aqua 1:30 pm: Social Bridge at Pavilion 2pm: Golf Croquet 2pm: Cuppa and games 2pm Indoor bowls at CC 2pm Blokes, Billards, Beers at CC 2.30pm "The Quiet man" at Theatre 6pm Croquet at bowling green                  |
| 8:45 am: Cycling Group 11.30am Line Dancing at CC 1 pm: Mahjong at CC 1:00pm: Aqua 1:30 pm: Rumikub at CC 2 pm: Scrabble at CC                                       | 9am: Walking group 10.30am: Birthday Morning tea at CC 11.30am VIP at Theatre 1pm: Craft group at Pav 2pm: Golf croquet at bowling green 2pm: Chicks with Cue sticks at CC 2pm: Indoor bowls at CC 5pm: Sundowners at CC | 9am: Social Tennis 9am Beauty Bus at CC 9.15 am: Bus to Drysdale 9.30 am: Tai Chi Pavilion 1pm: Mahjong at CC 1.30 pm: Rummikub at CC 2pm: Physiotherapy at Pool 2pm: Outdoor bowls  | 11:00am: Aqua 1:30 pm: Social Bridge at Pavilion 2pm: Golf Croquet 2pm: Cuppa and games at CC 2pm Blokes, Billards, Beers at CC 2pm Indoor bowls 6pm Croquet at bowling green  |
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| Friday  | Saturday                     | Sunday   |   |
|---|------------------------------|--|---|
| February<br>2025  | 2pm Line Dancing at CC       | 2 2pm Cuppa and games inclucing Left, Right, centre and keeper at CC   |   |
| 7 10am: Musical Moments at Theatre 10.30am: Fish Van at CC 12.30pm; Travel Club Info session at Pavilion 1pm: Mahjong at CC 1.30pm:Rummikub at CC 5pm: Happy Hour at CC | 8 2pm Line Dancing @CC       | 2pm Cuppa and games inclucing Left, Right, centre and keeper at CC     | Hairdresser Sally is located in the community centre hairdressing salon. Please contact her direct on 0428 150 094 to arrange your appointment. |
| 10am Musical Moments at Theatre 10am Bus to Westfield 1pm Mahjong at CC 1.30pm Rummikub at CC 5pm Happy Hour at CC  | 15<br>2pm Line Dancing at CC | 2pm Cuppa and games inclucing Left, Right, centre and keeper at CC     | Fish Van 10.30am - 11am Friday 7th February   |
| 10am Musical Moments<br>at Theatre<br>1pm Mahjong at CC<br>1.30pm Rummikub at CC<br>5pm Happy Hour at CC  | 22<br>2pm Line Dancing at CC | 23  2pm Cuppa and games inclucing Left, Right, centre and keeper at CC | Physiotherapist Keegan FitzGerald is located in the practioners room in community centre 0411 096 099 to schedule appointments.                 |
| 10am Musical Moments<br>at Theatre<br>1pm Mahjong at CC<br>1.30pm Rummikub at CC<br>5pm Happy Hour at CC  |                              |  | Beauty Bus 12th January - To make an appointment please call 0404 043 096   |